

PONEDELJEK		TOREK		SREDA		ČETRTEK		PETEK	
TELOVADNICA	STUDIO reformX	TELOVADNICA	STUDIO reformX	TELOVADNICA	STUDIO reformX	TELOVADNICA	STUDIO reformX	TELOVADNICA	STUDIO reformX
INDIVIDUALNE VADBE	INDIVIDUALNE VADBE	PILATES (45') (8.00-8.45)	INDIVIDUALNE VADBE	INDIVIDUALNE VADBE	INDIVIDUALNE VADBE	PILATES (45') (8.00-8.45)	REFORMER (45') (8.00-8.45)	INDIVIDUALNE VADBE	INDIVIDUALNE VADBE
			REFORMER (45') (9.00-9.45)				REFORMER (45') (9.00-9.45)		
	REFORMER (45') (15.00-15.45)	INDIVIDUALNE VADBE	REFORMER (45') (10.00-10.45)	REFORMER (45') (15.00-15.45)	INDIVIDUALNE VADBE	REFORMER (45') (10.00-10.45)			
	REFORMER (45') (16.00-16.45)		REFORMER (45') (16.00-16.45)			REFORMER (45') (16.00-16.45)			
	REFORMER (45') (17.00-17.45)	PILATES (45') (16.30-17.15)	REFORMER (45') (17.00-17.45)	REFORMER (45') (17.00-17.45)	REFORMER (45') (17.00-17.45)				
		PILATES (45') (17.30-18.15)	REFORMER (45') (18.00-18.45)		PILATES (45') (17.30-18.15)	REFORMER (45') (18.00-18.45)			
	JOGA (75') 17.30- 18.45)	REFORMER (45') (18.00-18.45)	JOGA (75') 17.30- 18.45)	REFORMER (45') (18.00-18.45)	PILATES (45') (18.30-19.15)	REFORMER (45') (19.00-19.45)			
	ZDRAVA HRBTENICA MOŠKI (45') (19.15-20.00)	REFORMER (45') (19.00-19.45)	ZDRAVA HRBTENICA MOŠKI (45') (19.15-20.00)	REFORMER (45') (19.00-19.45)	BARRE PILATES (45') (19.30-20.15)	REFORMER (45') (19.00-19.45)			
INDIVIDUALNE VADBE	REFORMER (45') (20.00-20.45)	INDIVIDUALNE VADBE	REFORMER (45') (20.00-20.45)	INDIVIDUALNE VADBE	REFORMER (45') (20.00-20.45)		REFORMER (45') (20.00-20.45)	INDIVIDUALNE VADBE	

OPOMBA:

- Termin za **Krožno vadbo na pilates napravah** je predviden v nedeljo, ob 18.00 in ob 19.00.
- Za **Miofascialno sprostitiv** bo termin po dogovoru.
- Glede na povpraševanje po posameznih programih, si pridržujemo pravico do spremembe urnikov.